

Spicy Oatmeal Raisin Cookies for the Ninja Blender

From: Test Kitchen Tuesday - courtesy of The Homesteader Kitchen.

Time Required: 5 minutes to mix, 10-12 minutes to bake

Makes: 2 dozen cookies

Ingredients:

- 1/3 cup butter
- 1/4 cup brown sugar
- 1/4 cup granulated white sugar
- 1 egg
- 1/2 tsp. vanilla
- 2/3 cup all-purpose white flour
- 1/2 tsp. baking soda
- 1 tsp. cinnamon
- 1/4 tsp. cloves
- 1/4 tsp. salt
- 1-1/3 cups oats (any type including instant will work)
- 1/4 cup raisins
- Optional: 1/4 cup chopped nuts

Method:

- Place the Ninja Pulse cookie paddle in the 40-ounce Pulse bowl. Add the butter, sugars, egg, and vanilla. (Alternatively, use the 40-ounce bowl for the Ninja Kitchen System)
- Pulse a few times to blend. Add the flour, soda, spices, salt, oats, raisins, and nuts. Pulse till well mixed. Use a rubber spatula to scrape ingredients down if necessary.
- Drop dough by large spoonsful on ungreased cookie sheet. Bake at 350F for about 10-12 minutes. The cookies are done when tops are no longer moist. Cool on rack.

Traditional

| NI | |
|--------------------|----------------------------------|
| NUTRITIC | on Facts |
| Serving Size 17 g | |
| Amount Per Serving | |
| Calories 70 | Calories from Fat 27 |
| | % Daily Value |
| Total Fat 3.0g | 5% |
| Saturated Fat 1.7g | 9% |
| Trans Fat 0.0g | |
| Cholesterol 15mg | 5% |
| Sodium 72mg | 3% |
| Total Carbohydrate | es 9.8g 3% |
| Dietary Fiber 0.6g | 2% |
| Sugars 4.5g | |
| Protein 1.1g | |
| Vitamin A 2% | Vitamin C 0% |
| Calcium 1% | Iron 2% |

Healthier (using applesauce modification)

| Nutriti | on | Facts |
|----------------------|---------|---------------------|
| Serving Size 19 g | | |
| Amount Per Serving | | |
| Calories 49 | | Calories from Fat 4 |
| | | % Daily Value |
| Total Fat 0.4g | | 1% |
| Trans Fat 0.0g | | |
| Cholesterol 8mg | | 3% |
| Sodium 54mg | | 2% |
| Total Carbohydra | tes 10 | 0.5g 4% |
| Dietary Fiber 0.6g | | 2% |
| Sugars 5.2g | | |
| Protein 1.1g | | |
| Vitamin A 0% | • | Vitamin C 0% |
| Calcium 1% | • | Iron 2% |
| Nutrition Grade C | + | |
| * Based on a 2000 ca | lorie d | iet |